

MARCH 2026

THE SUFFIELD HOUSE AND EAGLE POINTE THERAPEUTIC RECREATION CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1) Ally V Scott Daily Chronicles Pet visits with McBailey 10:00 Irish Coffee Social and What's going on in March? Rec Room M Brewer Party 11 - 1 2:00 Who Am I Concentration for March The theme??? It's Women's History Month! Rec Room</p>	<p>2) Ally V Daily Chronicles 9 - 12 Reiki with Courtney 10:30 Sittercise B Dining w/Nat 10:45 Rosary Rec room w/Natalie 1:30 Mint chocolate Chip Sundae visits w/ Scott 2:00 Pool Noodle painting craft w/ Nat A Dining room 2:15 Guess the celebrity 40's Edition Rec Room w/ Natalie 3:30 Setback A Wing</p>	<p>3) Ally V Scott 11- 7 Daily Chronicles 10:30 Hangman A dining room w/ Nat 11:00 Cardo B Wing Dining Room w/ Natalie 2:00 Resident Spotlights w/ Scott 2:00 Uno B Dining w/ Nat 2:15 Manicures w/ Natalie B dining Room 4:00 Tuesday Afternoon Trivia B Wing Atrium w/ Scott</p>	<p>4) Ally V / Daily Chronicles 9 - 12 Reiki with Courtney 10:00 Wednesday morning music room to room B Wing 10:30 Concentration B Atrium w/ Nat 11:00- UNO w/ Natalie A Wing Dining Room 2:00 Left, Right, Center. Rec Room w/ Nat 2:15 Name 3 category ball w/ Natalie B Wing</p>	<p>5) Natalie 8-4 Daily Chronicles 10:00 Bird Care clean rec room 10:00 Coffee Visits Rm to Rm w/ Ally 10:30 Puzzles B dining w/ Nat 11:00 March Coloring A Dining Room w/ Natalie 2:00 Entertainment with Alex Rohan Rec Room Scott 2:15 Room Visits 3:15 On this day In History- B Atrium w/ Natalie</p>	<p>6) Nat off/ Scott off Daily Chronicles 10:30 Pen craft A wing w/ Ally  11:00 Large Crossword puzzle w/ Natalie B Atrium 2:00 Bingo Rec room Ally /Natalie</p>	<p>7) Ally work Daily Chronicles 10:30 Trivia + Coffee Rec Room 12:30 UCONN Men vs. Marquette FOX Ch 10  2:00 Pokemo Rec Room</p>

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<p>8) Ally Daily Chronicles</p> <p>Daylight Savings Time Begins Did you spring ahead?</p>  <p>10:30 Communion at the cafe</p> <p>10:30 Concentration Rec Room</p> <p>10:45 Communion visits room to room</p> <p>2:00 Left, Right, Center Rec Room</p>	<p>9) / Scott off / Nat off Daily Chronicles</p> <p>9 - 12 Reiki with Courtney</p> <p>10:45 Rosary Rec Room w/ Ally</p> <p>11:20 Guess the Celebrity 50's Edition- rec room after Rosary w/ Natalie</p> <p>2:00 Balloon Toss A wing w/ Ally</p> <p>2:15 Jeopardy Rec room w/ Natalie</p> <p>3:15 Setback</p>	<p>10) Scott off Daily Chronicles</p> <p>10:00 Coloring group A wing DR w/ Ally</p> <p>10:30 Pictionary w/ Nat A wing Atrium</p> <p>11:00- The Rat Pack, History and Trivia w/ Natalie B dining room</p> <p>2:00 Horse racing Rec Room w/ Natalie/Ally</p> <p>2:00 Manicures w/ Nat</p> <p>3:30 Setback A Wing</p>	<p>11 nat off (sat) Daily Chronicles</p>  <p>10:30 Suffield Garden Club Horticulture Program Rec Room</p> <p>11:00- Large Crossword Puzzle w/ Natalie B atrium</p> <p>2:00 The Quiet Man Matinee Irish Soda bread snack Rec room scott</p> <p>2:15- Shamrock Tracing w/ Natalie and Ally B Dining Room</p> <p>5:00 Scott MCC Meeting</p>	<p>12) Ally 12-4 / Natalie 8-4 Daily Chronicles</p> <p>10:00 Resident Spotlight visits and Tech Talk room to room w/ Scott</p> <p>10:30 March Button Craft A Dining w/ Nat</p> <p>11:00 Name that Tune 50's Edition- Rec Room w/ Natalie</p>  <p>2:00 Lucky Leprechaun Slot Machine Rec room 2:00 Natalie's Manicures</p>	<p>13) Ally 8-12 Daily Chronicles</p> <p>10:00 Coffee Visits Rm to rm Ally</p> <p>10:30 Guess The State! w/ Nat A Atrium</p> <p>10:30- St Patricks day Hangman w/ Natalie B Atrium</p> <p>2:00 Bingo w/ Nat/Natalie Rec Room</p> <p>2:00 Friday the 13th puzzles Room to room</p>	<p>14) Nat Daily Chronicles</p> <p>10:30 Coffee Rec Room</p>  <p>2:00 Shamrock scratch Craft Rec Room</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>15) MacKenzie</p> <p>Daily Chronicles</p>  <p>10:00 Irish Cream Coffee Visits Room to Room</p> <p>2:00 Pokeno In the Rec Rm</p>	<p>16) Daily Chronicles</p> <p>10:00 Hangman B wing w/ Ally</p> <p>10:45 Rosary Rec Room</p> <p>11:15- St. Patrick's Day Trivia - w/ Natalie Rec Room</p> <p>2:00 Resident Council Meeting & Dietary Meeting Rec Room</p> <p>2:00 Paper Leprechaun Hat making for St. Patrick's Day for Lunch tomorrow w/Nat/ Natalie A Wing</p> <p>4:00 Trivia/Chats B atrium w/ Ally</p>	<p>17) Daily Chronicles</p> <p>10:00 Top of the Mornin' Visits w/ Natalie</p> <p>10:30 Catholic Mass Rec Room</p> <p>10:30 Word in a Word w/ Nat B Atrium</p> <p><small>Set up lunch at 11 AM after mass</small></p>  <p>12:00 Bryan Titus performs at St Patrick's Lunch Rec room <small>Featuring Bangers and Mash!!</small></p> <p>2:30- Lucky's Dice Game w/Natalie Rec Room</p> <p>2:15 Irish word searches Rm to Rm w/Ally</p>	<p>18) Daily Chronicles</p> <p>10:00 Coffee visits Rm to Rm w/ Ally</p> <p>It's National Cereal day! So, 11:00 Lucky Charms Stack and marshmallow stacking in the Rec Room</p> <p>10:30- Finish the line w/ Natalie B Atrium</p> <p>2:00- Higher or lower w/ Natalie A Atrium</p> <p>2:00 Test your Luck New Game! Rec Room</p> <p>2:00 Room visits with Nat</p>	<p>19) <small>Natalie 8-4</small> Daily Chronicles</p> <p>9 - 12 Reiki with Courtney</p> <p>10:00 Manicures Rm to Rm w/ Ally</p> <p>10:30 Concentration A Atrium w/ Natalie</p> <p>10:30 Sensory room to room. Nat</p>  <p>2:00 The Puppy Bowl In the rec room Scott / Natalie</p>  <p>2:00 Shamrock Shakes! Room to room w/Nat And Ally</p>	<p>20) Nat off</p> <p>Daily Chronicles</p> <p>IT'S SPRING!!</p> <p>International Day of Happiness</p> <p>10:00 Spring word packets w/ Scott Room to room</p> <p>10:00- Coffee Cart room to room w/ Natalie</p> <p>10:30 Sittercise Rec Room Ally</p> <p>2:00 Bingo Rec Room w/Ally and Natalie</p>	<p>21) ALEX</p> <p>Daily Chronicles</p> <p>10:30 Word Games and coffee in the rec room</p>  <p>2:00 Shake, rattle and Roll In the rec room</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22) MacKenzie</p> <p>Daily Chronicles</p> <p>10:00 Coffee Social and trivia in the rec room</p> <p>10:30 Communion In the rec room</p> <p>10:45 Communion Visits Room to Room</p>  <p>2:00 Left, Right, Center Rec Rm</p>	<p>23) Natalie Off/</p> <p>Daily Chronicles</p> <p>10:00 Puzzles B dining w/ Nat</p> <p>10:30 Hangman B wing w/ Ally</p> <p>10:45 Rosary Rec Room</p>  <p>2:00 Suffield Spa Day</p> <p>>Reiki >Tibetan Singing Bowls</p> <p>>Cucumber water</p> <p>>Hand massages / Scalp Massages</p> <p>>Sheet face Masks In the Rec Room</p> <p>3:15 Setback</p>	<p>24) Nat off</p> <p>National Coloring Day!</p> <p>Daily Chronicles</p> <p>10:00 Coloring group A wing Ally</p> <p>10:30 Protestant Congregational Church Service Rec Room</p> <p>11:00- This Day in History- w/ Natalie B Dining Room</p>  <p>2:00 March Birthday Party Featuring Izzy Flores!! Rec Room >Ally in charge</p>	<p>25)</p> <p>Daily Chronicles</p> <p>9 - 12 Reiki with Courtney</p> <p>10:00 Coffee Visits Rm to Rm w/Ally</p> <p>10:30- Sittersize w/ Natalie Rec room</p> <p>10:30 Concentration. Nat A Atrium</p> <p>2:00 Painting pre-drawn Designs on Canvas. You can be a Picasso too! w/ Nat and Natalie B Dining Room</p>  <p>2:00 Waffle Sundaes Room to Room Ally/Scott</p>	<p>26) Natalie 8-4</p> <p>Daily Chronicles</p> <p>10:30 music choice room to room w/ Scott B Wing</p> <p>10:30 Sittercise B wing w/ Ally</p> <p>11:00- Family Feud /w Natalie Rec Room</p> <p>1:30 Name everything M.A.R.C.H. Rec Room w/ Scott</p> <p>2:30 Words with MAR B wing</p> <p>3:15 Setback A Wing</p>	<p>27) Scott office / Calendar</p> <p>Daily Chronicles</p> <p>10:30 Yahtzee B wing w/ Ally/Nat</p> <p>11:00 Guess the celebrity 60's edition w/ Natalie A Dining Room</p> <p>2:00 Bingo Rec Room w/Natalie/Nat</p> <p>2:15 Balloon toss visits Rm to rm w/ Ally</p>	<p>28) Natalie</p> <p>Daily Chronicles</p> <p>10:30 Coffee Social and Trivia Rec Room</p>  <p>2:00- Cardo! Rec Room</p>

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<p>29) Scott</p> <p>Daily Chronicles</p> <p>10:00 It's turning April.. What is happening here! Coffee and trivia and news Rec Room</p> <p>2:00 It's March What happened in March, It's all about March and More! Rec room</p>	<p>30) ^{Nat off} Daily Chronicles</p> <p>9 -12 Reiki with Courtney</p> <p>10:30 Word within A word w/ Ally</p> <p>10:45 Rosary Rec Room</p> <p>11:00- Name that 60's tune w/ Natalie B Dining Room</p> <p>2:00 April Calendar visits Room to room w/ Scott</p> <p>2:00 Bowling Rec Room Ally/Natalie</p>	<p>31) Daily Chronicles</p> <p>10:00 Coffee visits Rm to Rm w/ Ally and Natalie</p> <p>10:30 Trivia B Wing Atrium w/Nat</p> <p>2:00 Higher or Lower Rec Room Ally</p> <p>2:15- TUNES Category game w/ Natalie B Dining Room</p> <p>2:00 Who am I ?????!! w/Nat A Atrium</p> <p>3:30 Setback A Wing</p>		<p>Please follow us on Facebook and Instagram!</p> <p>Suffieldrehab.com</p> <p>Recreation Questions??? Call us at 860-627-4035</p>	<p><u>Recreation Staff</u></p> <p>Scott Emmons Director</p> <p>>Ally Lauf >Natalie Morganson >Natalie Moschetti</p> <p><u>New Hairdressers</u></p> <p>>Denice Cormier >Holly McSweegan</p> <p>Please check the Salon for hours of availability To make an appointment, fill out an envelope outside of the salon</p>	